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### A Big 'Hello' from Us to You!

It's official! The Clanfield Newsletter is now a year old.

We hope that you have enjoyed following all our news over the last year and will continue to do so over the next four seasons, or editions. Don't forget: if you're reading our newsletter and have any ideas, information, stories, tips etc. and you wish to share them with us, please let us know.

Again, thank you for taking the time to read our newsletters, and your continued support.

Join our emailing list for future editions of our newsletter. Simply leave your details at reception or email: [kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com) or download a copy directly from our website: [www.clanfieldcarehome.com](http://www.clanfieldcarehome.com)

*The Clanfield Family*

### Anniversary & Birthday wishes...

Ralph & Doreen celebrated their 62nd wedding anniversary on the 2nd June. They enjoyed tea and cakes on the patio with their family on a beautiful sunny afternoon. They recalled their special day, sharing their memories with staff. Ralph explained, 'I was a very lucky man that day and have been

lucky ever since!'

Josie celebrated her 90th Birthday on 8th June with her family, who were very proud of her milestone.

Kitty also celebrated her 101st birthday! Wow! She was joined by her family for a buffet on the 23rd July.

Clanfield would like to wish these four very special people our warmest wishes once again.



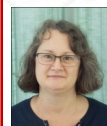
### Sheila's Corner

Next time you visit us, take a look at 'Sheila's Corner' (in the small lounge). I promise you will be impressed. Over the years, Sheila has spent many hours creating master pieces with her needle and thread. Her son proudly told us she has crafted over 30 framed pictures. They are absolutely beautiful, with the finest of detail—some of them are just awe inspiring. Even other residents have noticed her work and, also familiar with the craft, have enjoyed talking with Sheila about their shared hobby over tea and biscuits.

What does Sheila think to her fame? She just huffs on her fingers and rubs them proudly on her shoulder as if to say, 'what a clever girl am I?'



### Deborah



Well done to Deborah who has been awarded her level 3 Diploma in Health & Social Care, and to Leighann and Basil who received their level 2 English and Maths certificates. We wish them luck on their level 3 (Leighann) and Level 2 (Basil) Diplomas in Health & Social Care.

### Leighann



### Basil



### Congratulations!

### Back in the Day...

It's hard to believe, but there was a time when most families only dreamed of owning a car. The 1930s saw the motor car become king, but it was still, for many, a dream. That is, until the 1950s and 60s, when cars such as the Mini and Ford Cortina brought cheap motoring to the masses.



These cars were basic and uncomfortable, but wow, they made a difference to family life back then. Suddenly, families were free to travel and have day trips and holidays. Many warm memories were created.



If you have a photo or story of such memories with the family car we would love to see or hear it! Send it to:

[kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com)





# CLANFIELD

## Residential Care Home

## 'Your Home from Home'

### Autumn Newsletter, 2018

#### Sport's Day

What a day! Perfect weather and so much fun. Residents, relatives and staff simply haven't stopped talking about it. Everyone took part in some way, shape or form and some even dared to admit their muscles ached the day after.

Karen, our cook, did us proud and served a wonderful BBQ with refreshments.

Our raffle and cakes raised over £500!! This money will go back into activities for our residents.

It was wonderful to see so many there, even staff off duty or on annual leave!

By the end of the day the Blue Team had hammered the Yellows and won back the trophy. In Jamie's words, 'It was the worst defeat any team has suffered this year'. This years awards were as follows: Star of the Day - Louie, she won everything! The Margaret Burkitt Memorial Trophy went to Josie, for great determination in the archery event. Champagne Moment - Ralph, who refereed the penalties with his old whistle, minus the pea! And the Steve Frisby Champion Award went to Sally who also won all her events! Well done to all our winners and everyone who took part.

Lastly, we must say a big THANK YOU to Jamie for all his hard work and to his family for their support and making the day possible.



Kim supporting team member Nellie



Frank motivated by Basil & Sarah

#### Trifle a la Karen...

Serves 6-8

10-12 sponge fingers  
Sherry for soaking (optional)  
2 packets of raspberry jelly  
Punnet of raspberries  
Pint of custard ½ pint fresh whipped cream

#### Method

1. Dissolve the jellies in ½ pint of hot water and top up to 2 pints with cold water
2. Line the bottom of a large glass bowl with the sponge fingers (pre-soaked in sherry, optional)
3. Cover the sponge with the fruit
4. Pour cooling jelly over the fruit and leave to set
5. Make up the custard and when **cold** pour over the set jelly
6. Top with the whipped cream and decorate with left over fruit.

ENJOY!

Karen



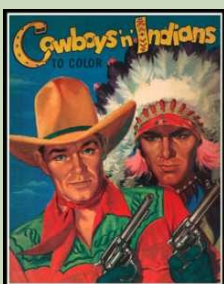
*Tip!*

Change the flavour of the jellies and the type of fruit for a different look or flavour. Why not mix fruits too?

#### COWBOYS & INDIANS

Despite soaring temperatures and the drought & dust, the residents were determined to grab their guns and meet on the lawn before sundown!

During the perilous shootouts it was clear that both Louie and Eric were the ultimate infamous heroes of the holster, winning all their fights. Whilst Mavis with all her grit, hostility and lawlessness displayed a rebellious streak and shot everyone else choosing to ignore the target! But oh my... Poor Phyllis during the fury and furor shot herself! When it came to the knife throwing, it was Bernard that was victorious - in fact, everyone quaked in their spurred boots as he was the only one to hit the bottle.



The Milky Bar Kid (AKA Helen) rounded up the day announcing 'Milky Bars are on me!' and promptly gave one to all our backslapping, courageous cowboys & invading Indians.



#### Staff in the Spotlight!

How well do you know our staff? This edition puts Kim & Ilda in the spotlight. Read what they say...

##### Kim Senior Carer (AKA Reporter for Clanfield Gazette)

Favourite singer: Elvis

I am like a melon, hard exterior but soft and juicy inside. Or a chicken! Completely scatty!

With chips I would order battered sausage and mushy peas, please.

My dream car: a cream, leather interior, all mod cons with a green & red flash, Fiat 500. But, I would only sit in it. I can't drive.

Me in 3 words: Fun, loving & loyal

My perfect evening: Cup of tea, roast dinner, pjs on and a Carry on Film.

Favourite quote: 'Never expect others to do what you wouldn't do'



Kim

##### Ilda - Domestic Assistant

Favourite colour: light green & a little black/white

I am like a bird, friendly and singing in the morning

Saturday is my favourite day because it's family time

Me in 3 words: Friendly, emotional & kind

Funny people make me smile

My favourite dinner: Naan ten (a delicacy) Lamb's stomach cooked sliced and served with salt, pepper & lemon. I enjoy coffee with milk and sugar too.

Most memorable moment: The birth of my first son.



Ilda





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*'Your Home from Home'*

## Autumn Newsletter, 2018

### End of Summer Cream Tea

How to end a wonderful summer in a truly British way? A traditional cream tea. And that's exactly what we did at Clanfield. It was splendid. The china was out, conversations flowed, as did the tea. The cake stands held an abundance of delicacies and were a feast to enjoy, thank you Karen. Music quietly played in the background creating an ambience that enabled the revival of a warm, social past time. It was simply a beautiful scene. Eloquently rounded off with a heartfelt speech by Ralph. All recorded and reported, by Kim, for The Clanfield Gazette!



A thought for  
Autumn...

**'Never expect anybody to do something you're not prepared to do yourself'**

By Ralph

Well, hello there'

What a Laugh!

Imagine the surprise when carers found Eric entertaining the ladies with a couple of balloons.

What a fine pair!

Lissi's face says it all!

### Your Voice

August 18th was our first visit to the annual Garden Party held in the house gardens. Theme this year "Sports Day", & what a delightful afternoon we had. I had only been there 10 minutes when I found myself in the 'Sack Race'. Events for all ages from children to residents were organised by the 2 captains Sally & Kim including staff competitions & games. The weather was ideal, warm, sunny but not too hot. It was lovely to see the residents out in the fresh air enjoying the afternoon & so many family & friends.

There was a BBQ provided by Karen & her team which was delicious. There was a cake stall, guess the weight of the cake? (what was it?) & guess the number of sweets in the jar, all run by helpers.

The enthusiasm & care of the carers & staff was amazing; credit to you all.

Lastly a great thanks to Jamie who organised the whole day.

Looking forward to next year's event,

Lisa & Steve

### It's Coming Home...

Well there was a moment when we all thought it might, and we were no different at Clanfield as we watched the 2018 World Cup Football unfold. The residents were quite excited and all TVs were tuned in to the England matches. This must surely have brought back memories of the 1966 World Cup Final, when we did actually bring it Home!

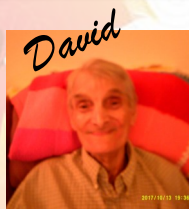
However, Clanfield certainly brought home its equivalent. We couldn't leave all the hard work to those young footballers now, could we? Sheila won the cup with Columbia, and Mavis came in with Japan as the runners up. Mavis did spend the most of her matches waving at the goal keeper, a doll called Sam.



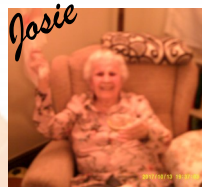
1966



2018



David



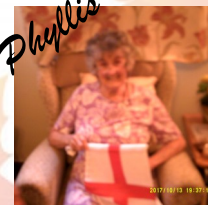
Josie



Mavis



Eileen



Phyllis

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# CLANFIELD

## Residential Care Home

*'Your Home from Home'*

## Autumn Newsletter, 2018

**Hellos...**

We would like to take this time to say 'Hello' to staff and residents who have joined us at Clanfield over the summer, and to welcome them to our family.

Freya & Chester have joined our Day Care team fulltime. Chester has come from another care home whilst Freya, straight from fulltime education, hopes to gain experience before going on to be a paramedic. Sol, a 4th year medical student, has joined the care team, too, and will work with us during his uni breaks. Jennifer has also joined our care team as bank staff and will be there to help us out when she can.

Tegan is the newest member of our domestic team. She was so excited to get the position and hasn't looked back since!

*Freya*



*Chester*



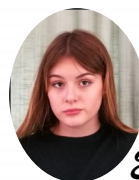
*Tegan*



*Teighan*



*Eryn*



Eryn & Teighan make up numbers in our Junior Team and will be providing that extra helping hand during school breaks.

Betty and Gwen are two wonderful ladies that have joined us, too, over the summer months. We hope they are settling in and feel very much at home with us at Clanfield.

Wow! The Summer has seen our family grow considerably. Doubtless, it was all the sunshine!

**WELCOME**

### Prehistoric Life

On the 28th May a small group of residents decided to discover their own Jurassic World ! Digging for those prehistoric bones, just take a look at what they found...

Louie & Doreen excavating.



### Jamie's Future Events

**Halloween Event** - Wednesday 31 October

**Bonfire Night** - Saturday 03 November

Watch out for posters announcing other events

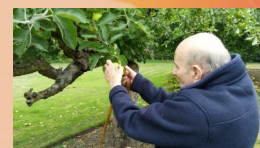


*Jamie*

### The Fruits of Summer



As the summer draws to end we begin to harvest the fruits of the season passing by. Ralph chose to bring in the apples. Whilst Louie and Eric went and gathered blackberries. And what a result! Karen cooked a wonderful apple & plum crumble for all the residents.



### Management News

As we draw to the end of the holiday season, Management would like to say a huge thank you to all our staff for all the work they have done, ensuring quality and continuity of care, and the smooth running of the Home during a very warm, busy holiday period. Well done all!

We would also like to thank everyone for their patience while the lift was out of action. This was a challenging time for all as we waited for parts and engineers.

Over the last few weeks we have had a security company in and now have a complete security

system installed. We hope this will bring peace of mind to you all and help everyone within Clanfield feel safer.

As the our hot summer draws to an end, our days grow shorter, our evenings stretch out into a coziness, the colours outside take on a new opulent hue, and we embark upon the riches of our Autumn, I wish you all well until our next edition.

*Kala*



### Vacancies

Clanfield currently has a number of job vacancies:

- **Care staff— Bank Only**
- **Part time Kitchen Assistant**

If you are interested in any of these vacancies, please contact us for an application form either in person, by email ([office@clanfieldcare.plus.com](mailto:office@clanfieldcare.plus.com)) or download from our website [www.clanfieldcarehome.com](http://www.clanfieldcarehome.com)

If you would like to contribute to the next edition of our newsletter (this could be your current experiences, a story, a treasured memory, etc.) or submit a paragraph or photograph for the 'Your Voice' section, please feel free to email Kala at:

[kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com) or come and see us in the office. We kindly ask that you do this, however, before: