







CLANFIELD

Residential Care Home

'Your Home from Home'

Spring Newsletter, 2018

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A Big 'Happy New Year' from Us to You!

Welcome to our third edition of the Clanfield Newsletter! We are excited to now share with you all our news from the winter months in our brand new Spring Edition.

We would like to take this opportunity in advance to thank you for taking the time to read our newsletter, and we hope that you enjoy it.



The Clanfield Family

If you would like to join our emailing list for future editions of our newsletter simply contact us, or download directly from our website.

We Wish You a Merry Christmas...

Thrapston Town Band thrilled residents in December, with a wonderful festive session which had the residents singing joyfully along. Followed by drinks and mince pies around the Christmas tree, it could only be described as a truly merry time!



Encore!!

Wow! On the afternoon of 19th January a group of Ukulele musicians provided some exhilarating entertainment. There was even some dancing by some, and Daphne enjoyed it so much she made it known she wished to have them return.



HO HO HO!

Santa called in at Clanfield to spread his good cheer, and to wish one and all a very merry Christmas, on the 22nd December. Audrey found the moment so wonderful she couldn't believe that Santa was actually with us during this special time. A big thank you to Santa ('aka' Bob Shatford), from residents and staff.



Doreen's 'Feathery Surprise'

What a surprise too! Five different birds of prey arrived as part of a surprise Christmas gift for Doreen Lee. Doreen along with staff and residents enjoyed a magnificent afternoon with these majestic birds - some were bigger than the resident cats! Yet again 'Dr Doolittle' (David) was in his element and Stan in particular was extremely fascinated with these creatures.



We hope to try and arrange another visit in the warmer months in the garden for another amazing display.

Christmas Gifts

All the staff at Clanfield would like to say a big **THANKYOU** for the kind gifts and treats that were given to us over the Christmas. They were very much appreciated.



A Good Turn Every Day!

Thrapston Brownies delighted the residents on the evening of 7th December, with some beautiful carol singing.

Your Voice

"Happy New year to all the Staff .

Many thanks for all your kind and friendly care you have given Kitty during 2017. We know she enjoys her weekly visits & respite stays and looks forward to continuing in 2018.

Thank you also for the help and advice you have given us on occasions.

We wish the Home and Staff much success in 2018 to continue as a most welcoming care home"

Lisa & Steve



Forces in the Forties

As a growing lad, Bob Malin had a fascination for aeroplanes. In 1943, at the age of 18, he took this fascination one step further and joined the Royal Air Force; after all, he couldn't join the Navy as he thought he'd be seasick! He soon fell in love with flying and remarked on the thrill he felt as he watched the ground disappear in front as they would take off.

Bob was a Flight Sergeant, and trained as a 'Tail Gunner' in the 40 Squadron, based out in the Middle East, having also been to places such as Cairo in Egypt, and Rome. He saw active service for the final year of WW2, as part of a Lancaster Bomber crew. Being the 'Tail Gunner' his position was sat right at the back of the plane to which Bob smiled and added, "I didn't like it at the back there". One memory Bob recalled was a time when they crash landed their bomber saying, "that was a rough landing!"

Having learnt about Helen's experiences in the Army as a female in our last edition, I couldn't help but ask Bob about the female presence where he was based; the only women he could remember were a few amongst the support staff. However he could clearly remember his Captain who, although not too strict, had them regularly polishing their boots!

After the war Bob stayed on for a further year until the Japanese surrendered. It was during this period Bob was given the role as a PE Instructor. This was taken very seriously as fitness was very important in Bob's opinion. So much so, even years later, when he had his own young family, his daughter Jane recalls having to keep fit under her Dad's instruction and routine.

A cheeky laugh was returned when asked how he'd pass the time on the base with his mates. He never did tell me what they did, only that they were good company and always helped one another. It is at this point that I might add, one of those in his squadron went by the name of David Attenborough. Yes, the one and only!

Bob is very proud of his RAF days, and to anyone who is thinking about, or is about to join the RAF, he would like to say...

"It's a good life!"



Bob



The crew

Daphne's Famous Cheesy Mince

Serves 4-6



- 1 large onion chopped
- 1lb mince
- 3-4 big OLD potatoes
- 6oz-1/2lb grated cheddar cheese
- Plenty of salt & pepper

1. Peel potatoes and slice very THINLY.
2. Layer the bottom of a deep dish, with a lid, with some of the uncooked potato slices.
3. Mix together the onion, mince and cheese and put a layer of this mixture on top of the potato layer.
4. Repeat with another layer of potato and mince mixture, finishing with a layer of potato on the top.
5. Sprinkle over some cheese and cook for 1 1/2-2 hours at 170-180°C (gas mark 4).
6. Uncover for the last 30 minutes and skewer to test it's cooked.
7. Serve with seasonal veg.



Daph's Top Tip!
Don't add any liquid.

Christmas Party Time...

On Thursday 21st December it was time to gather round our Christmas Tree. It was a wonderful day with Kitty & Jack, visiting relatives & staff off duty and on leave joining us too. Bob Malin made a memorable entrance in his Christmas jumper with matching turkey hat! As Sav recalls, "He wasn't sure of the hat, he thought it funny, but liked the jumper." However, he wasn't the only one to enter into the spirit of things with Ralph also in his festive Rudolf jumper! Presents were exchanged during the afternoon followed by a wonderful buffet tea.

The evening was spent playing an extremely funny quiz with everybody in 2 teams: Gryffindor & Slitherin. Highlights included Jean Cuthbert with her Japanese accent; Staff Sarah Davies and Vasile Dainu with their hands tied behind their backs, faces covered in cream after going head to head in 'Find the Malteser in Cream'; Residents May Parker & Mavis pulling some truly hilarious faces as they competed blind folded in the tasting event, May even



Bob Malin



Ralph Eveleigh



went as far as pretending to be sick! Then it was revealed that it was only a Mars Bar; And finally, Betty Chapman & Stan were absolute STARS with their alternating

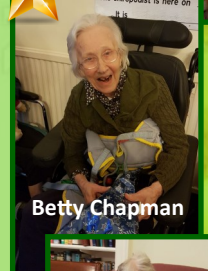
rendition of 'Twinkle Twinkle Little Star'.

By the end of the evening it was team Gryffindor that won by a majority. Well done to those in Gryffindor, but I'm quite sure that even for those of us that were in Slitherin it was simply the fun of being there.

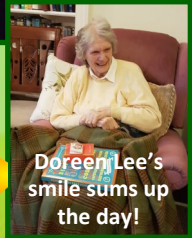
A BIG thank you once again to Jamie, our Activity Coordinator, for organizing yet another special day for us all to remember.



Stan & Mavis



Betty Chapman



Doreen Lee's smile sums up the day!



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Hellos...

During the winter months we had no new additions to our staff, but saw the arrival of some new residents.

With no further ado we would like to warmly welcome Josie Hepton, Ralph Eveleigh, Howard Walder, Ray Langley, Eric Alcott, Joyce (Gwen) Gunn, Desmond Hiron and Bernard Lenton. We hope they settle and enjoy being part of our lives here at Clanfield.



A Thought for Spring

Spring is a time of new beginnings, "we all ought to make something of it". Do people really see the beauty of Spring, or do we just take it for granted?

By Ralph Eveleigh

Jamie's Future Events

- Harry Potter— Mid May
- Easter Egg Hunt
- Winter Tennis Tournament Final— Mid March
- Brand new: Gentlemen's Club— Ongoing



Jamie

Vacancies

Clanfield currently has the following job vacancies:

- Night Senior
- Day/Night Carers
- Domestic Assistants

If you are interested in any vacancies, please contact us for an application form either in person, by email (office@clanfieldcare.plus.net) or download one from our website www.clanfieldcarehome.com

Your Voice

In an answer to the request from Kala in the 2nd edition of the Clanfield Newsletter I thought I would write a passage to give you all an insight from my point of view.

Personally I think Clanfield is a fantastic place. I do, however, have a vested interest in so much as my wife Sally and my son Jamie both work for Clanfield so I am very keen for the home to be successful. I used to pop in now and again just to say hello and/or to speak to Sally for one reason or another but have, in more recent years, got to be more involved in one or two things up here. This is largely due to Jamie becoming the Entertainment Manager, who consequently never ceases to amaze me with the things he creates up here and the things he gets the residents doing.

I hear a lot about what Jamie does with the residents, living at home with two Clanfield workers, but always thought that there must be a fair amount of exaggeration. Anyway, Jamie asked if I would referee the competitions for the annual Sports day event. I agreed and thought, this is going to be interesting, I would now see what it's really like.

Well, I was absolutely blown away with what I witnessed. I couldn't believe that the residents were actually playing the games and taking a big part in the whole event. You can even see in their faces that they were really up for it. I thought it was fantastic! The other thing I noticed was the help from the staff,

whatever their job role and whether working on the day or not, they gave their full support, helping to make the day as fantastic and smooth running as it could be. Hats off to them all!

Since that day I do what I can to help Jamie with the days and events he organises, to help make the day be as successful as it can be. There are theme days where Clanfield is totally transformed into another world, literally!

I am privileged to have been a part of some of these and hope to be in the future if I can. Why? When you can see the look on everyone's faces when they first set eyes on the magic that is one of Jamie's transformations, you know that it is all worth it!

...and I thoroughly enjoy it too!

I would also like to say that whenever I look in on the home it is nice that all the workers in there (and the owner Paulette) are always very welcoming and easy to talk to and have a laugh with. This is testament to how welcoming the team are.

Finally, I would just like to say how touched I am that some of the residents know me now...especially as I am very guilty of not remembering who is who up here, so for that I do apologise.

Keep up the good work Clanfield and keep working as a team.

"Teamwork works Magic!"



Management News

There's lots to update you on in this Spring Edition. Firstly, we would apologise for the frustrations you have no doubt been experiencing over the last 2 months with regards to the phone lines. We are pleased to say that normal service has resumed with our new providers and we would like to thank you for your patience and understanding during this stressful period.

As a result we now have a new email address for any correspondence:

office@clanfieldcare.plus.com

Finally, we're delighted to inform you that CQC have approved the new partnership and we are now able to tie up the

last few legal requirements. We look forward to confirming in the next newsletter that the Crossley Campbell Partnership has been established.

Paulette, Kala and I look forward to building on the success of the last 34 years, with our dedicated team providing the best care possible for our residents and their families.

Have a wonderful Spring and embrace Ralph's thoughts and make it a good season!



Craig

If you would like to contribute to the next edition of our newsletter (this could be your current experiences, a story, a treasured memory, etc.) or submit a paragraph or photograph for the 'Your Voice' section, please feel free to email Kala at: kala@clanfieldcare.plus.com or come and see us in the office. We kindly ask that you do this, however, before: **Monday 16th April**