

### Your Home from Home'

## Winter Newsletter, 2018

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### A Big 'Hello' from Us to You!

Welcome to our Winter Newsletter! Where does the time go? It doesn't seem that long ago since our End of Summer Cream Tea and here we are with Christmas just around the corner!

So what have we been up to since the end of last Summer? Read on and find out...

If you would like to join our emailing list for future editions of our newsletter simply contact us, or download directly from our website.

The Clanfield Family

### MacMillan Coffee Morning

As the nation joined forces in raising money for cancer research in the world's biggest ever coffee morning, Clanfield was not going to be left out!

We had a fabulous morning drinking tea and eating cakes with family and friends with 'not a soggy bottom in sight!'. Cakes were baked and donated by families, friends and staff, and wow what a



#### feast!

The morning raised £85.00 for the charity and provided another wonderful social occasion. Thank you to everyone who took part.

28/09/18 11am raised £85.00 - Bob thought Jane's cakes were dry!



We had the time of our lives!

### Basil's Bees! During the afternoon of the 12 October,

Basil treated everyone to an inside view of the life of the humble bee.

The residents were enthralled as they were shown around the hive especially Ralph, Mavis and Louie. Gwen's burning question was, 'Do they die?'

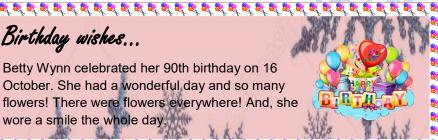
Everyone enjoyed a taster of the bees' honey straight off the comb!



All of us at Clanfield would like to say a big THANKYOU to everyone at the Aldwinkle Baptist Church and Crazy 4 Kids Nursery for the wonderful food they donated from their Harvest Festivals.

### Birthday wishes...

Betty Wynn celebrated her 90th birthday on 16 October. She had a wonderful day and so many flowers! There were flowers everywhere! And, she wore a smile the whole day.



Wolfie & Smokey, and our Home We are the resident cats living at Clanfield, you may have seen us stretched out somewhere. If you visit with your own pet please be aware of us. We do particularly enjoy the dining room.





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CLANFIELD
Residential Care Home

Your Home from Home'

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## A Bonfire Supper- 03 November

What a wonderful turn out! The dining room once again was ablaze with laughter and wonderful food; pumpkin soup, chilli, jacket potatoes, hotdogs, parkin, fudge and more. Families and friends joined us in

our wish to bring fireworks back to Clanfield. It was no disappointment. Staff and their families joined in too as we prepared for the display.

Following our glorious supper we all gathered in the conservatory, hot chocolates and marshmallows in hand and watched as the guy smoked his way to a blaze and fireworks decorated the sky for 40 minutes. For some it was the first time they had seen fireworks, for others it had been years. For Sheila it wasn't like the fireworks on the Thames! But

who can compete with that? According to Ralph though, it was the best disblay he'd seen!

Once again we enjoyed another good event in Clanfield. This was the 'Firework Party' held on 3rd November. We had excellent food; especially the "Pumpkin Soup", followed by a good firework display, which was enjoyed by all

Thanks to all the staff running this event—a credit to you all.

Lisa & Steve

A thought for

winter...

'Winter time is when things lay dormant and sleep, when we close our doors and feel cosy and secure'

By Ralph

## 4 Haunted House!

Once again Jamie worked his magic! Clanfield became a Haunted House fit for any film set! With the help of Carrie & Savanah the scene came to life as they lay in wait to run that extra chill down the spine. Everyone, resident and staff, took a spooky tour with only a small lantern in hand. However, there were the brave, Bernard attempted to give those spooks a spook too; Betty Wynn laughed her way round the creepy interior. But whilst there were the brave there were those that succumbed to the creepy disguise and had quite a hair-raising experience! Poor Louie & Kim came off the worse and were heard giving out their bloodcurdling screams! Poor Phyllis could not stop laughing and didn't know why. Was it funny, or was it extreme fear? As for the Domestics, no cleaning was done in that eerie chamber, they were too afraid to even

Talk about karma...after scaring so many Carrie couldn't get her face paint off and spent the day with a bright purple face! Or was she practicing fro the part of Violet for the forthcoming Willy wonker's Chocolate Factory? Watch this space...



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## CLANFIELD

**Residential Care Home** 

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#### Back in the Day...

As we all know technology continually changes as something newer and better comes along. But one electronic device that's defied the test of time is the television.



It all began in the late 1920s with the mechanical form, pictured left. This



was quickly replaced with the recognisable cathode ray tube TVs from 1936. The first British TV drama was Pirandello's 'The Man with a Flower in His Mouth' with the first major outside broadcast going out on 12/05/1937, of King George VI's coronation. At this point

there were 9000 TVs owned. And, in 1948 there was the Queen's coronation.

Two days before Britain entered WW2, the plug was pulled on the BBC.

A Mickey Mouse cartoon was the last to air. On their return in 1946, they began with the same cartoon! 1948 saw the first televised Olympics. Popularity grew rapidly into the 1960s with ownership rising to 15.1 million! Then there was colour! BBC2 from 01/07/1967, and BBC1 from 15/11/1969.



Do you have any memories involving this social past-time, the first TV your parents owned, favourite programme etc? Or of the broadcasts mentioned. We would love to see or hear it! Send it to:

kala@clanfieldcare.plus.com

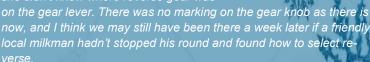
In response to the last editions 'Back in the day...', Colin shares a childhood memory of his mum's (Sheila) first car...

Your Voice

"It must have been the early 1960s, and after Mum had passed her driving test (she passed first time, Dad had to take it twice;-) ) we bought 211 TDH, a two-tone maroon and grey Ford Anglia. On what must have been its first trip out, with Mum driving and me standing in the passenger footwell (no seat belts, no airbags, no head restraints,

no health and safety), we drove along a quiet residential street and Mum decided to try a turn in the road (or a three-point turn as it used to be called).

It all went swimmingly until she had the front of the car facing the opposite pavement. It was then that she found out that she didn't know where reverse gear was



After that there was no stopping her, and throughout her driving career Mum was a far more competent and patient driver than Dad ever was, frequently driving from our house in Bexleyheath in Kent to visit her parents outside High Wycombe in Buckinghamshire, a distance of perhaps 100 miles, but without the benefits of the M25. Thinking about it, it was probably quicker then than now."

### Pumpkin Soup

- 1 Pumpkin (deseeded, skinned & chopped into cubes
- 2 medium onions chopped
- 2 pints of vegetable/chicken stock

Salt & pepper

¼ pint double cream/crème fraiche (optional)

#### Method

- Put all the above ingredients (except cream) into a large pan and bring to the boil
- Turn down to a simmer and cook for a further 10-15 minutes (or until soft)
- Liquidise everything and adjust seasoning to taste



#### Staff in the Spotlight!

How well do you know our staff? This edition puts Deborah & Cara in the spotlight. Read what they say...

#### **Deborah - Day Carer**

Top Tip! Don't worry, be happy!

What goes with her chips? Fish every time

**If I were an animal...**I'd be a bird. I could fly around, watch everything and be FREE!

My Dream Car? Definitely an Aston Martin in Racing Green.

How to wind Deborah up...be a queue jumper! That's sure to work.

Top of The Pops...At number 1 for Deborah, Elvis Presley with 'Only Fools Rush in'

#### Cara - Day Carer

**Favourite sport?** I don't like sport! Unless you can include dog walking, then you're talking.

What goes with her chips? Fish and beans

Top of The Pops...at Cara's number 1 is Rhianna and 'We Found Love' (it's Cara's & her partner's song)

Top of the film chart is... Tangled! Well any Disney film actually. Did you know she has an app with all their films on?!

Cara's perfect evening...watching a film snuggled up on the sofa...I bet that's a Disney film

How to wind Cara up...be lazy!



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## LANFIELD

**Residential Care Home** 

## Your Home from Home'

## Winter Newstetter, 2018

We would like to take this time to say 'Hello' to staff and residents who are new to Clanfield, and to welcome them to our family. Debbie Hill has joined our team as a carer. She is very excited about her new role and so far is loving it! We wish her well with her training.

Jessica Symons has joined our kitchen team as an assistant. Completely new to the position she is learning from the others in her team and going from strength to strength.

We also have had a number of young volunteers join us too. They will be socialising with the residents and assisting Jamie

with entertainments. We have Philip from Prince William School, Howard, Leo & Julian from Oundle Boys School and Emma & Izzy from Huxlow College.

Joining our family we would also like to welcome Evelyn, Margaret & Derek. We hope they settle and enjoy it here at Clanfield as much as the rest of us.



Jamie

# A Perfect Pumpkin Get-Together



In Halloween tradition so many residents sat around the dining room tables chatting whilst carving some pretty amazing pumpkins. Not only was this a lovely relaxed social event, the pumpkins gave Halloween that haunted twist dotted around the Home and grounds, and looked fantastic all lit up for the Bonfire Tea Party. And, we had pumpkin soup! How many of their pumpkins can you spot throughout this Newsletter?

#### Jamie's Future Events

05 December Leslie-Ann 10:30

13 December Motivation 10:30

18 December Dirty Dancing

20 December Piano Man 10:30

21 December **Zing!** 14:00

21 December Christmas Party 15:00 onwards

Watch out on poster in case of changes

#### Management News

and staff; Thank

You!

As you can see from the newsletter we have had a fairly busy Autumn. Thank you to everyone who have supported all our events over this period, residents, their families, friends,

Thank you!

A friendly request from our staff, if you plan on taking your loved one out over the Christmas period could you lets us know dates, times etc. in advance. We can plan and ensure everything ready for you during what is a hectic time.

Also, if you are planning on giving clothes as a gift could you see us so they can be named and labeled

before they're wrapped. Thank you so much for your help.

Just to give you the heads-up, we will be celebrating our 35th Birthday next year! And we're going to have a party! A date for your diaries Saturday 20th July 2019. If you have any thoughts or ideas please let us know.

We look forward to seeing you all over the Christmas period and joining in with our planned events.

We would Like to take this opportunity to wish you all a wonderful Christmas and a Happy and Peaceful New Year!

#### Vacancies

Clanfield currently has the following job vacancies:

**Day Care Assistant** 

If you are interested in this vacancy, please contact us for an application by email:

kala@clanfieldcare.plus.com

or download from our website:

www.clanfieldcarehome.com

Closing Date: 11 January 2019

If you would like to contribute to the next edition of our newsletter (this could be your current experiences, a story, a treasured memory, etc.) or submit a paragraph or photograph for the 'Your Voice' section, please feel free to email us at crss468@aol.com or come and see us in the office. We kindly ask that you do this, however, before: Monday, 12th February

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