

### CLANFIELD

Residential Care Home

### 'Your Home from Home'

### Spring Newsletter 2020

#### Lasting Power of Attorney (LPA) - What we found out

The LPA replaces the old Enduring Power of Attorney (those signed before 2007 are still valid). There are 2 types: Property & Financial and Health & Welfare. These permit the handling of finances and the selling of property, and the latter to make decisions involving care and welfare needs when the Donor is not able to express their decisions.

When creating an LPA the Donor will appoint an attorney/s, if you choose to also appoint a 'replacement attorney' this person will be in reserve if, for some reason, the appointed attorney cannot act. When there is more than one attorney appointed they may be appointed 'jointly' where all decisions must be made together, or 'jointly & severally' where they may act together or individually on the Donor's behalf.

Remember, an LPA must be registered for it to be valid. Registration at present costs £82. For anyone who registered between 01/04/13 and 31/03/17 you may be entitled to a refund of some of your fee. Go to www.gov.uk/power-of-attorney-refund to find out.

What happens if there is no LPA in place and decisions must be made? Such cases will be referred to the Court of Protection who will appoint a Deputy to act on the Donor's behalf. However, this can be burdensome, time consuming and costly. It will also mean all affairs will be supervised by the court. Some might prefer this supervision. Be aware though, when it comes to the Health & Welfare aspects the court is reluctant to get involved.

A big thank you to our guest speaker Laura from VSH Law

#### Well / Never!!

During a recent trip to Peterborough Hospital Karen & I asked for directions, to be told "I'll take you there myself!" We were subsequently given a ride.

Now that's what I call service!



### The Vikings Are Coming...

Planned for later in the year will be Jamie's 'Viking Day'.

- Between now and then the residents are busy making
- the event's props.
- Jamie has them busy painting and making shield's. So if you visit and happen to see a spot of paint on your
- loved one, you know what they've been up to!





#### Coronavirus!!

A reminder: If you, your friends or relations have been to, or transited through any country in Asia or specific towns in Northern Italy, you will need to be confirmed clear of infection before you will be permitted to enter. Please check Public Health England for further information and updates:

www.gov.uk/government/publications/covid-19-specifiedcountries-and-areas

#### A coffee and a chat with Keith...

I was born in London in 928. My parents had seen 2 wars with father being a soldier in the first. During the 2nd war we slept in the air raid shelter in bunks, my parents and my sister and I. One day we all went out and our home was bombed! It ruined my family. I remember coming to Thrapston in 1942 with my family homeless and penniless.

We rented a house and that was where I lived until I came to Clanfield. I had a poor education, but still learnt to read and write.

I have many memories of life in Thrapston over the years. Sadly, I believe the fall of Thrapston was the loss of its rail-ways. I still remember the line at Bridge Street ran between Northampton and Peterborough, and the line at Midland Road ran to Cambridge. Now we have too many lorries on the road which I find hard to understand, those old trains could carry larger heavier loads at far greater speeds.

The river, as with all others, is liable to flooding. During the war rivers were dredged regularly and flooding was not an issue then. We simply do not look after our rivers now. I don't believe in 'Global Warming' and that this is the cause of our bad weather. The weather we have has always happened naturally, and periodically. The saying / belief was; January is cold and dry; February was called 'Fill Dyke' and would be very wet; March was known for 'Many

Weathers'; April showers; and May would have frequent NE winds.

I remember Bank Holidays being brought in. My Mother always called them 'Lock outs'! We didn't get paid for a bank holiday back then, it was simply a day off with no pay to save employers money. I am proud to be British and of our Union Jack, and I think Winston Churchill is a great man that no other will match!



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#### STORM CIARA

Back in xxxx many of our longer serving members of staff have fond memories of Steve, Clan-



field's Gardener, building his mu<mark>ch loved aviary</mark>. Sadly, Steve passed <mark>away sinc</mark>e, but his <mark>memory has al</mark>ways



lived on with his birds. On the 05
February we even had 2 new additions to the aviary Joey & Joette.
Sadly, with a huff and a puff Storm

Ciara blew

a tree down and the result was devastating! We lost the aviary and all but one of the birds, a canary now named Steve.
A few days later, Joey was



found and returned too. A big

thank you to the lovely couple in Thrapston who rescued him.

Steve and Joey are now housed in cages inside. The plan is to clear the site and rebuild the aviary in honour and memory of Steve.

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#### A Talent Rediscovered—Stan our budding chef!

Stan admits to being a very able cook and to often treating his family to his fine fare. This was well supported by his daughter too as they fondly reminisced about earlier family times. However, Stan also

admitted he made a and this was ambition. Unguiding wing of Karen, Stan made his first

sponge for the Welcome Club that he attends. And, what a sponge too!

His next task, was to make me an egg custard. That I have to say was delicious! Stan now spends his time with his head in the cookery books.





### Pearls of Wisdom

Advice for our younger gener-



'Do what people tell you and say your prayers' Madge

'Watch what you're doing and [girls] don't mess around with boys'

Louie

And what our younger generation say...

A 5 year old watches in amazement as their grandmother takes out her teeth to clean them. Leaning further through the bathroom door they whispered, "You won't be taking your eyes out, will you Grandma?"



Taken from the dailyrecord.co.uk

#### Good Bye Hollie

Hollie our visiting hairdresser sadly made her final trim on Monday 02 March. She leaves us after 2 years of styling our residents hair. She takes away many good memories in particular those she shared with Enid.

We wish you all the best in your future Hollie, and as Kim said, "Every time you hear Doris Day, think of us"!



#### Now There's a Thunk

A *Thunk* is a simple question that will stop you in your tracks and have you looking at the world in a different light, challenge others and if nothing else give you severe brain ache!



For example:

If I borrow a million pounds am I a millionaire?

Think about this question, and please share your thoughts with me!

Send your answers / thoughts to: kala@clanfieldcare.plus.com Or leave them in our suggestion box

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#### Hellos & Goodbyes...

We always like to take this opportunity to say 'Hello' to new staff and residents, and welcome them to our family.

We are delighted to welcome a new carer to our



brand new
to care and is very excited
about joining us!

Also, joining our family over the winter were Bunty, Keith and Peter, We would like to welcome them, and hope they settle, and enjoy it here at Clanfield as much as the rest of

Sadly, we say goodbye to two members of staff.



Rhiannon the Care Team and Eryn from the

Junior Team who now works closer to home in Walpole St Andrew. We



#### Dementia—into their world

"The carpet feels weird...Oh...that was scary" (Dementia from the Inside, SCIE).

With deheightferer very dif-



mentia the senses are ened and as a result a sufmay see and sense things ferently to what is actual. For

example a rug on a floor can suddenly be a gaping hole! Letters on a shop front can just simply fall off!



"The letters just started falling off, just fell off they did, drifted down. I thought I was going

mad!" (Dementia from the Inside, SCIE).

#### JAMIE'S FUTURE EVENTS

- VE Day Street Party 08 April
  - Easter Egg Hunt & Raffle 13 April
  - **Zing** 29 May

#### Jamie

#### **CLUBS RUNNING:**

- Reading Club with Helen Thursdays 2pm
- Holy Communion First Tuesday monthly
  - Bingo weekly
- Quiz Session weekly
- Volley Ball weekly

For other Activities view

THE ACTIVITY PROGRAMME

in the main lounge

If you have a little time to spare, and would like to share this with our residents, please have a chat with either Jamie or Kerry.

#### **Vacancies**

#### We currently has no vacancies

If you are interested in joining our Team when a position becomes available, please contact us for an application by email:

kala@clanfieldcare.plus.com

or download from our website:

www.clanfieldcare.co.uk

#### Management News

The main focus of my thoughts for this newsletter is the situation regarding Covid-19 (coronavirus), and the daily changes to its development. I am sure you are keeping abreast of these changes and urge you to help in our protection strategy by:

- Avoid visiting if there is any chance you may have been exposed, directly or indirectly, to the virus
- Feeling unwell, no matter how mild the symptoms
- When visiting ensure you read the information available and use the alcohol gel on entering and exiting
- Using tissues when coughing and sneezing.
   On a brighter note, work is progressing on the conversion of the downstairs bathroom which will provide an en-

hanced facility for those residents requiring support with their mobility.

An order has now been placed for an upgrade of the hot water system and we are now awaiting a start date. We will be looking at replacing the aviary following its destruction during Storm Ciara. On its completion any donation of new feathery friends, or if anyone would like to sponsor a feathery friend or two, please let us know. On a personal note, I am looking forward to warmer weather and longer, brighter days.

Here's to Spring!





If you would like to contribute to the next edition of our newsletter (this could be your current experiences, a story, a treasured memory, etc.) or submit a paragraph or photograph for the 'Your Voice' section, please feel free to email me at: kala@clanfieldcare.plus.com or pop it into the suggestion box. The deadline for the next edition is:

Monday, 18th May 2020

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