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A Big 'Hello' from Us to You!

Welcome to our Winter Newsletter! It has been a very strange year this year compared with previous years. Time has so quietly slipped away as we have all busied ourselves with what feels like establishing a new and strange way of life. We have said sad goodbyes but many happy hellos during these months. We have had very tough times but wonderful ones too. We have been missing you all and hope this edition of our newsletter will in a small way bring us all close again.

If you would like to join our emailing list for future editions of our newsletter simply email me: kala@clanfieldcare.plus.com

Alternatively, download the newsletter directly from our website.

The Clanfield Family

During Lockdown...



Out of this world!

The support, thanks, words of kindness and encouragement, gifts and so much more, simply goes beyond words, you have all been absolutely phenomenal!! We could not have done / continue to do this without you all. You have all been so fantastic!!



Calling in Unannounced...

This little fellow was caught on camera wandering across our patio before lockdown started! Now sadly, all visits, due to COVID 19 and our efforts to maintain infection control must be booked. As a reminder, please phone or email to pre arrange your visits so the office can manage all visits effectively, and as safely as possible. Visiting times are limited to office hours only, to minimise the impact on the care team.



Thank you!



Pumpkins a Plenty

On Wednesday 28 October the residents sat down for their annual pumpkin carving session. This has always been a popular yearly event with both the residents and staff, and this year was no exception! The morning was spent scooping out, a messy business and Louie's face said it all! And, carving scary faces which were all later lit up by candles



Where did that saying come from?

'Humble Pie'

If you think you know the answer let me know:



email

kala@clanfieldcare.plus.com
or pop it in the suggestion box.

Answer to last edition's saying:
'Crocodile tears'

These are an insincere display of grief or sadness. It comes from the old belief that a crocodile wept (insincerely!) if it killed and ate a man.



All Change 😊

They say as one door closes another opens... We said a sad goodbye to Jamie & Helen last October, they, with all our best wishes and luck, moved onto ventures new. But, luck would have it we said a big hello to Greg & Barbara! Here's introducing their new plan. Below is their rolling entertainment programme:

| CLANFIELD Residential Care Home <i>'Your Home from Home'</i> | | Your Activity Programme | | | | |
|---|---------------|-------------------------|---------------|---------------|------------|--|
| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Morning | Games | Arts & Crafts | FINCO! | Arts & Crafts | FINCO! | |
| Afternoon | 1 to 1 | MUSIC | Reading Cards | Exercise | The Movies | |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Morning | Exercise | MUSIC | FINCO! | 1 to 1 | FINCO! | |
| Afternoon | Arts & Crafts | Walking | Arts & Crafts | Games | Cooking | |

Main Lounge Conservatory / Dining Room Individual
Social Wellbeing Physical



As well as this there are planned events, see Greg's Events at the end of this newsletter. We also have a new hairdresser Julie, who will visiting

every Thursday from the 10 December.

Both Greg & Barbara are excited about getting to know the residents and keeping their smiles alive!



Greg

Barbara

A thought for winter...

Inspired By Ralph

As Craig works in the dining room, Ralph wanders through to say hello. 'It will be Christmas soon, Ralph what do you think?'

'...well you know at the moment it is so limited'. This couldn't be more true this year with the restrictions we are all having to adhere to.

"Spring passes and one remembers one's innocence.

Summer passes and one remembers one's exuberance.

Autumn passes and one remembers one's reverence.

Winter passes and one remembers one's perseverance."

- Yoko Ono

By persevering now, let us all hope that indeed by the time we reach next summer may we once again be filled with exuberance.





CLANFIELD

Residential Care Home

'Your Home from Home'

Winter Newsletter 2020

Back in the Day!

7pm, 09 December 1960 was the time when the first ever episode of Coronation Street was aired! Can anyone remember watching this first ever programme? Who were these first ever characters and what were their real life names?



Do you have any memories from 'back in the day'? We would love to see or hear it! Send it to:

kala@clanfieldcare.plus.com

Last issues' answer:

These popular singers were Fabian Forte and Aretha Franklin



WOW! WE HAVE A WET ROOM!



A wet room has been a wish for both the residents and staff for a long time. On the 15 September their wish came true! We had the grand opening with Louie doing the honours of cutting the ribbon! Kim after showing Louie round went to model the shower seat as the shower released some water right on cue!



Enjoying The sunshine...



Tea & Cake

Staff in the Spotlight!

How well do you know our staff? This edition puts Shelley & Kay in the spotlight. Read what they say...

Kerry - HR Manager

- My favourite music** - is from the Jersey Boys the musical, closely followed by Frankie Valli & the Four Seasons
- Favourite meal & pudding** - has to be steak & chips followed by chocolate gateaux
- My favourite school subject...** Sport! Why? Cos I was good at it...then.
- My greatest tip?** Stay calm and always keep your glass half full
- My favourite film** - Goodnight Mr Tom. I love John Thor.
- What goes with my chips?** ... Fish of course!

Yvonne - Night Senior

- If were an animal...** I would like to be a dog, as they are loyal and give unconditional love
- What goes with my chips?** - Mayo & steak!
- My favourite sport / team...** You're having a laugh aren't you...I don't do sport! 😂
- My best memory** - this would be the birth of my baby girl, Aimee
- My dream car would be...** A Jaguar Pacer
- My greatest tip?** - Treat others how you wish to be treated yourself

