



# CLANFIELD

## Residential Care Home

*'Your Home from Home'*

## Autumn Newsletter, 2019

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### A Big 'Hello' from Us to You!

Two years on...for the Newsletter!

But, more exciting are the 35 years of caring at Clanfield!! Check out our bonus page as we celebrate this achievement with you all.

In addition, we have all our other news from the summer period too. We hope you enjoy this edition of our Newsletter. Again, thank you for taking the time to read our newsletters, and your continued support.

Join our emailing list for future editions of our newsletter. Simply leave your details at reception or email: [kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com) or download a copy directly from our website: [www.clanfieldcare.co.uk](http://www.clanfieldcare.co.uk)

*The Clanfield Family*

Pssst...it's much better in colour!

### Insulin Training

After several weeks of training Clanfield is proud to announce its Senior members of staff are now fully trained on diabetes, testing blood sugar levels and administering insulin. We are the first, and currently the only care home in the area, to make this advancement and achievement! The District nurses are very proud of us. What does this mean for our diabetic residents? They will receive better continuity

of care regarding their diabetic needs. We are better placed to fully understand and monitor all the subtle influences affecting their levels, and therefore to treat accordingly. We would like to thank the D/Ns for their training and our diabetic residents for allowing us to train with them. Thank you!



### A polite request...

If you're able to, please avoid visiting around mealtimes especially 4-5pm. This will help staff ensure residents eat their meals and administer medication without distraction. Thank you for your support and understanding.

*The Day Care Team*



### All in an afternoon!

The brass at Clanfield is gleaming! Thanks to Madge who patiently cleaned, polished and buffed for a whole hour! When she initially saw the state of our brass all she could say was, "Good Lord, look at the state of that!". You certainly wouldn't say that now. On that same afternoon Evelyn also did a good turn by taking Topsy for and afternoon stroll. If it wasn't for Evelyn Topsy would have just sat home alone, ahhhhh...



### Back in the Day...

What is this? What was it used for? Incredibly, Back in the Day it would fit inside your pocket! If you think you know the answer email [kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com) or pop it in the suggestion



**Last issues' answer:** A four-bulb flashcube (Magicube) brought into circulation from 1965 onwards. Allowing photos to be taken when the lighting wasn't too bright on our old instamatic cameras

If you have a photo or a story about a forgotten object Send it to: [kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com)

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## *Celebrating 35 years of Clanfield Residential Care Home Saturday 20 July 2019*

With months of preparation we approached the day with excitement and dread. The weather forecast threatened not just rain, but thunder bolts too!! But when the 20 July came it was simply perfect!

It was a smashing afternoon of family fun with everything available for all. It couldn't have been more perfect if we'd tried. Thank you to all the staff that made it happen and to all those that came to support us and celebrate this fantastic mile stone. We raised a staggering £1067.85 on the day for Dementia UK and the Resident's Craft Fund. To get a feel of the day just take a look at some of the snaps...







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### Clanfield's Wimbledon Season

Suspense mounted throughout the country during the fortnight of strawberries & cream, the burning question, who will win Wimbledon? The very same question was the topic of conversation throughout Clanfield!



However, forget Novak Djokovic and Simona Halep, for us it was Evelyn or Josie! On the day of the final it was to be Josie crowned our Wimbledon Champ. Josie has now won her third consecutive Wimbledon title and remains unbeaten in every tennis tournament since 2017! Including an Olympic Gold! She defeated Evelyn 6-2, 6-4 in the final. Evelyn and Josie have become rivals in the past year and have met 3 times in a tennis final.



### Thoughts on a care home...

*I sit and look around and see a group of folks with problems in addition to old age.*

*Due to poor or no mobility suitable equipment is enabling most to get a seat in the lounge or dining room, where assistance is given as needed.*

*The "Boss" as she likes to call herself, together with an excellent staff and many support workers, some who we never see, do their upmost to give us a good and comfortable life.*

*It should be appreciated.*

*By the late E.  
Drage, 2019*



### Dementia—into their world

*"I recognise some of my favourite pictures. Oh that's me & Alison (laughing), we look such a pair...Oh something's changed. Concentrate. Or perhaps not..."*



*Now, I recognise this picture,*



*it's...urr...oh... (tut)...Who is it? The faces seem so familiar, so familiar..." (Dementia from the Inside, SCIE).*

With dementia memories can come and go in a very short space of time just like a light bulb flickering on and off. Photos are however, an extremely good way of helping those with dementia to try and hold onto those memories, experiences and feel good moments.

**Check out our new Dementia Awareness Board!**

### Staff in the Spotlight!

How well do you know our staff? This edition puts Annabel & Russell in the spotlight. Read what they say...

#### Annabel - Care Assistant

*My best memory is eating cake on my 18th Birthday with a glass of Prosecco!*

*At school my favourite subject was Textiles. I enjoyed making clothes and still do as a hobby.*

*My favourite film is the rom-com 'Nottinghill'. In fact, I love any film by the Director Richard Curtis, they're so heart warming.*

*Fridays have to be the best day of the week and it has great TV too!*

*I enjoy watching Gymnastics and Netball and my favourite teams are Great Britain*

*And, of course it has to be curry sauce with my chips!!*



*Annabel*

#### Russell - Maintenance Team

*My favourite song is 'Hope Has a Place' by Enya*

*If I were an animal I'd be an owl because I'd like to be wiser than I am now*

*With my chips I'd definitely have Daddies Sauce!*

*I didn't have a favourite subject at school, I didn't like school at all!*

*My favourite personality is Ken Dodd. He has wit, humour, has me in stitches and I grew up with him*

*My perfect evening would be sitting on a cruise ship, glass of wine in hand, food on the table whilst gazing at the sunset. Beautiful! Wouldn't change it for anything.*



*Russell*





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### All Visitors Welcome!

You can imagine the surprise of Vanessa our domestic when she came across this visitor in the conservatory.



A bat!



### Clanfield's Autumn Garden



For Bob it's been a good year for the roses at Clanfield. He's been busy deadheading them to encourage new growth, and not forgetting to feed them too!



The shrubs are starting to look untidy/ leggy and are having a good tidy and trim before the Autumn. This includes all our lavender. Lawns are nice and green but an eye must be kept out for any moss that must be treated. Apples, apples everywhere!! Another good year and another good crop. Harvesting will start soon. Yum!



A thought for Autumn...

As Ralph sits by the patio door he admits the Sun today feels particularly warm. When asked if he is looking forward to Autumn? He simply answers 'Well yes' with a big smile...

**'Autumn, the year's last loveliest smile'**

William Cullen Bryant

A thought inspired by Ralph

*Where did that saying come from?*

### 'Rule of thumb'

If you think you know the answer let me know: email [kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com) or pop it in the suggestion box.



Answer to last edition's saying: **'Bite the bullet'**

This old saying means to grin and bear a painful situation. It comes from the days before aesthetic. A soldier about to undergo an operation was given a bullet to bite.

### Top Dining!

Some of our residents have taken to eating their dinner at tables in different areas of the Home. This is what they think:

*'I think it's quite nice' - Betty*

*'It's good company, we all get on very well together. I think it's GREAT! - Stan*

*'I like it a lot. Thank you for letting Mary & I have some quiet time to ourselves'. - John*

*'I like it, the candles too, and it's private' - Mary*

*Your Voice*



### Fairy Cakes for All!

Cooking club, now well established, turned its hand to making delightful fairy cakes for all. Everyone worked together doing a wonderful job including decorating them. In fact the cakes were so popular they disappeared literally as 'hot cakes'! Madge proved to be the star of the session according to Karen our cook, although, Madge asking to do all the washing up afterwards may have influenced that slightly.



### New PPE on trial

Junior assistant, Tig, after helping in the garden and getting muck on her shoes and then bird muck dropped from above in her hair, goes out on day 2 dressed for the occasion with the help of Kerry & Kala.



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### Hellos... The new faces of Summer 2019

This is the spot where we like to say 'Hello' to staff and residents who have joined us at Clanfield, and to welcome them to our family.

Carol and Rhiannon have joined our Day Care team. Both are experienced in care. For Carol Clanfield suits her down to the ground and Rhiannon having moved to the area was won over by the friendly atmosphere.

Emma has joined our Night Care Team. Again, she is an experienced carer and is over the moon to be here and part of our team! Betty and Annaliese are two wonderful ladies that have enjoyed short breaks with us and have now decided to join us permanently. Margaret, Mary &



*Carol*



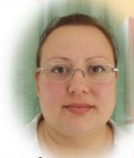
*Rhiannon*



*Emma*



*William*



*Victoria*

John have also come to live with us all and we're all enjoying getting to know them. Maureen has also started to take short breaks at Clanfield. We hope they are all settling in and are feeling very much at home with us at Clanfield.

**WELCOME**

Sadly, we say goodbye to Victoria from the Night Care Team. She moves onto pastures new with the NHS, and to Will, from the Junior Team, who has now taken up full time employment. We wish them luck with their future careers.

**GOODBYE**

### Good Luck to our Students who will be starting back with their studies see you next holiday!



*Emily*

Psychology Degree



*Abbey*

Nursing Degree



*Lissi*

Midwifery Degree

**GOOD LUCK!**

### Jamie's Future Events

**McMillan Coffee Morning** - Fri 27 September

**Leslie Ann** - Weds 18 Sept

**Zing!** - Weds 25 Sept

**Halloween Ghost Train** - Date TBC

**Bonfire Night** - Sat 02 November

**Clubs:**

Cooking - 2 weekly (Tues)

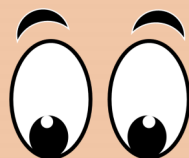
Reading - weekly (Thurs)

Watch out for posters announcing other events. download our Events leaflet from our website



*Jamie & his Team*

### Take a look!



Kim and Kerry have created a brand new Dementia Information Board. This is located in the dining room as you go down the ramp. Take a look, it will be regularly posting useful tips and information.



*Kim*

*Kerry*

### Management News

As we draw to the end of the holiday season, Management would like to say a huge thank you to all our staff for all the work they have done, ensuring quality and continuity of care, and the smooth running of the Home during the busy holiday period. Well done all! What's gone on? Well, we've had the grand opening of our newly furnished downstairs toilet which Ralph kindly opened officially on the 11 June. The new conservatory was in place in time for the party. We now look forward to finishing it internally and it is hoped it will provide a quiet area for residents

and their visitors, where refreshments may also be accessed. Watch that space!



Our 35th Birthday

Party was our biggest event of the season. It was a fabulous day and everyone did us proud!

Finally, we would like thank all, residents, their families and friends for your continued support and kind words and look forward to seeing you over the autumn period.



*Kala*

### Vacancies

Clanfield currently has a number of job vacancies:

#### Care staff

If you are interested in any of these vacancies, please contact us for an application form either in person, by email at [office@clanfieldcare.plus.com](mailto:office@clanfieldcare.plus.com) or download from our website [www.clanfieldcare.co.uk](http://www.clanfieldcare.co.uk)

If you would like to contribute to the next edition of our newsletter (this could be your current experiences, a story, a treasured memory, etc.) or submit a paragraph or photograph for the 'Your Voice' section, please feel free to email Kala at:

[kala@clanfieldcare.plus.com](mailto:kala@clanfieldcare.plus.com) or come and see us in the office. We kindly ask that you do this, however, before:





*Alan Crossley first opened the doors of Clanfield  
35 years ago as a home for retired gentlefolk...*



*We now walk towards the next 35 years of  
Clanfield Residential Care Home  
And caring...*